

Everybody was telling me  
all these dos and don'ts.

My Welcome Baby  
Parent Coach showed  
me the hows and whys.



**1<sup>ST</sup> LA**  
**first 5 la**  
— WELCOME BABY —

Find out how Welcome Baby can help you take the first steps to your baby's best start, from pregnancy through your baby's first nine months.

Please call **626.851.2749** or visit

**First5LA.org/Welcome-Baby.**

  
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